

Berrycoombe Primary School

Swimming Policy

Rationale

All children can swim by the end of KS2 25metres on their back and front.

Our objectives in the teaching of swimming are:

To enable children to develop and explore physical skills with increasing control and co-ordination;

To enable children to develop their confidence in the water by developing the ability to rest, float and adopt support positions;

To achieve a variety of means of propulsion using either arms, legs or both;

To swim unaided competently and safely;

To develop efficient swimming strokes on the front and back;

To have knowledge of the principles of water safety and to learn the appropriate skills;

To enjoy swimming and understand it's essential role as part of a healthy life style.

For all children, to be water confident and to be able to swim 25metres.

Teaching and Learning

We use a variety of teaching and learning styles in swimming lessons. Our principle aim is to develop the children's knowledge, skills and understanding - we do this through a variety of teaching.

Teachers draw attention to good examples of individual performance as models for the other children to watch to enhance their own swimming technique.

Content

All children are taught different swimming strokes and skills for water safety.

The classes are split into smaller groups, with the non-swimmers in the shallow pool.

Children are differentiated by ability and taught in manageable groups.

All "new" children are assessed in the beginners' group and are then transferred, if necessary, into the most appropriate group to their needs.

Children are made aware of the safety rules. The teacher in charge, talks to the children, prior the swimming sessions and throughout to remind them of the following:

- safety and behaviour whilst travelling on the bus
- behaviour in the changing rooms and on the poolside
- behaviour and safety in the pool.

We also make children aware that the Leisure Centre is open to the general public for access to the gym and therefore, they must be mindful of their behaviour and safety at all times.

Assessment and Monitoring

All children are constantly monitored for their swimming ability and stroke development and lessons are adjusted accordingly to develop their skills. Children are moved to the appropriate swimming group.

Spiritual, Moral, Social and Cultural Aspects

Children are encouraged to appreciate the environment and the need to respect the unpredictable force and motion of water. The swimming takes place in a communal pool where the children are encouraged to act in a social and moral way when swimming. They are taught to respect the safety of others, as well as their own.

Human Resources

School teachers / Teaching Assistants

Pool staff including lifeguards

Swimming teachers

Physical/Material Resources

Swimming aids: floats, buoys and weights.

Goggles

Swimming kit, hats and towels

Evaluation Arrangements

Teaching staff liaise with each other to discuss appropriate changes, individual children's needs and support as required. It is well recognised and appreciated that levels of success will be personal to each individual as they increase in confidence and ability. For some children, a small step in progression is very rewarding. Children attend the swimming lessons unless there is a valid reason for non-participation. All children are expected to have the appropriate kit- swimming costume or swimming trunks, goggles (optional, however, beneficial), towel and all jewellery to be taken off.

Written March 2018.