

# Year R/1

## Super ME!

Through this Unit, children will have the opportunity to express their individuality, explore their identity and understand their place in both the immediate and wider world. We will then extend our topic to learning about superheroes.

The Reception children will be learning through the foundation stage curriculum: The Foundation Stage Curriculum is split into 7 areas.

### Prime areas

#### Personal, Social and Emotional

##### Development

- building relationships with a variety of peers and adults in my new class through play & conversation
- identifying feelings (myself & others) & exploring how to manage them appropriately
- exploring, selecting and using resources from my new environment (including returning resources)
- establishing rules/routines to help me stay safe & happy
- sharing, turn-taking and good manners - Kindness Jar - (holding doors, please and thank you etc)

#### Communication and Language

- rules/waiting your turn to speak
  - conversation & taking into account what is said by others
  - information about my family and home
  - expressing my likes and concerns about starting school
  - talking through my thought process when I am engaged in activities
  - listening to & sharing stories
  - playing listening games i.e. Sounds Lotto; Simon Says
  - following instructions and requests made by adults
  - rhyming games/activities
- Gingers Listening
  - holding a
  - sharing
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#### Physical

##### Development

- developing correct pencil grip for mark making/writing
  - using & transporting scissors safely
  - developing fine motor control & coordination through games & activities i.e. threading, peg boards, pinboards
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etc - developing my  
 independence with personal hygiene (toileting, hand washing, putting on coats, removing jumpers, blowing noses etc) -  
 Forest Schools ( every Friday morning) -  
 exploring moving in a range of ways i.e. slithering, shuffling, rolling, crawling, skipping, sliding, hopping etc

### Specific Areas

#### Literacy

- finding my own name for self-registration  
 dinner list - writing my name on the  
 books from class and sharing at home at least 3 times a week - book bags - selecting  
 Write Inc - learning letter sounds. - Read,  
 Letter formation using a range of media -  
 exploring rhyming stories; rhymes & games - making up stories for adults  
 to scribe - mark making/writing  
 opportunities i.e. chalks; brushes & water; labels for models; role-play...

#### Mathematics

- counting to & recognising numbers to 5, 10,  
 20 - counting accurately  
 through games & activities -  
 ordering numbers to 10 then  
 20 - developing  
 shape and colour  
 recognition - calendar-  
 days of the week/months of the  
 year - recognising 1 more/1 less  
 in everyday activities - making  
 shape pictures/patterns (shape recognition)

#### Understanding of the World

finding out about our families, body parts, senses, hygiene, healthy eating and keeping safe  
 - exploring our new environment, talking about why things happen and how things work (inside and outside)  
 - using ICT equipment to support with our

learning  
about Autumn and Harvest

- finding out

## Expressive Arts and Design

learning new songs; singing familiar  
ones

- painting self-

portraits' and free

painting

- making models

and exploring attaching and joining  
techniques

- using imagination in

the role-play area & other areas of play and  
dance

- exploring the sounds and patterns we

can make using the musical instruments

## The Year one will children will be learning:

### English

- Looking at and exploring superhero themed stories.
- Learning them and be able to re-tell parts of them by heart.
- Role play linked to our stories
- Writing character descriptions.
- Making up a new version and creating our own superheroes.
- Poetry - exploring poems linked to our senses.

### Maths

- Counting to 10, forwards or backwards from any given number.
- Count in multiples of two.
- Count, read and write numbers to 10 in numerals and words.
- Identify and represent numbers using pictures and words.
- Find one more or one less than a given number.
- Add and subtract one digit numbers.
- Number bonds to 10.
- Read, write and interpret mathematical statements (using +, - and = signs).

### History

- Use simple vocabulary relating to the passing of time such as 'before', 'after', 'past', 'present', 'then' and 'now'.
- To retell information about historical events, people and places in their locality.
- Learn about real life superheroes.

## Art and Design

- Explore collage and using different collage materials.
- Learn how to draw a self-portrait by looking with attention at the proportions.
- Explore colour mixing.
- Design and make a superhero

## Music

- Songs and chants related to ourselves.
- Explore the unique sound of their own voice and singing voice.
- Understand the difference between our speaking and singing voice.
- Explore and identify sounds made using a variety of percussion instruments.

## PE

- In PE we will be developing spatial awareness.
- We will be developing our running, throwing, catching and jumping skills.
- We will be learning to play team games.